



DATE: July 11, 2016

AGENDA ITEM #6

AGENDA REPORT

TO: Senior Commission
FROM: Jaime Chew, Staff Liaison
SUBJECT: Receive Monthly Staff Update

Updates

Senior Survey

The Santa Clara County Department of Public Health is conducting an evidence-based county wide survey of seniors' needs to inform each of our cities of the opinions, needs and challenges of older adults. The survey is based on the Livable Communities survey of AARP. The survey can be filled out online <https://www.surveymonkey.com/r/AgeFriendlyEnglish> or you may make an appointment with a Los Altos volunteer to fill out the survey.

Survey Appointments:

Hillview Senior Program Room 10: Monday, July 18 and Thursday, July 21 at 11:00 a.m.
Grant Park Senior Program: Monday, July 25 and Wednesday, July 27 at 11:00 a.m.

Health Insurance Counseling & Advocacy Program (HICAP)

Sourcewise, Santa Clara County's Area Agency on Aging, works with the City of Los Altos Senior Program to provide residents with access to the Health Insurance Counseling & Advocacy Program (HICAP). Long-time volunteer counselor, Roy Ito, has appointments available the third Tuesday of the month from 10:00 a.m. to 12:00 p.m. at the Hillview Community Center. Roy is available to provide information on specific rights and healthcare insurance coverage options and to assist with comparison charts, insurance plan benefits, claim or benefit denials, and other health insurance related billing questions. The Health Insurance Counseling & Advocacy Program of Sourcewise is not affiliated with any insurance company and offers unbiased information through presentations and individual counseling to help individuals make informed decisions about Medicare and Medi-Cal coverage. Please call (650) 947-2797 to set up an appointment.

July is Parks and Recreation Month

Since 1985, Americans have celebrated Park and Recreation Month in July to promote the importance of parks and recreation in health and wellness, conservation and social equity, and to recognize the thousands of park and recreation employees that maintain our nation's local and community parks. Through efforts by NRPA, the U.S. House of Representatives passed an official resolution for Park and Recreation Month in 2009. Park and recreation agencies across the country are recognizing the month with summer programs, events, contests, commemorations and celebrations.

City Communications

The City of Los Altos has several avenues for communication. Look for City information and updates on the City Website (Weekly Update), Facebook, the Recreation Activity Guide, Senior Spotlight Newsletter, and Next Door.